MINUTES OF THE

SANTA FE COUNTY

HEALTH POLICY & PLANNING COMMISSION

November 1, 2013

Santa Fe, New Mexico

This regular meeting of the Santa Fe County Health Policy & Planning Commission (HPPC) was called to order by Chair Judith Williams at approximately 9:00 a.m. on the abovecited date at 2052 S. Galisteo, Suite B, Santa Fe, New Mexico.

Roll call indicated the presence of a quorum as follows:

Members Present:

Judith Williams, Chair

Allan Bendorf

Bertha Blanchard

James Bond

Bryan Conkling

Shirlee Davidson

Vivian Heye

Catherine Kenney

Reena Szczepanski

Sun Vega

John Abrams

Member(s) Excused:

Kathleen Rowe, Vice Chair

Staff Present:

Rachel O'Connor, Director, Community Services Department Patricia Boies, Health Services Division Director Lupe Sanchez, DWI Program Coordinator

Others Present:

Jeff Thomas, Southwest Cares
Amy Sandoval, NM DOH
Reid Hester, Behavior Therapy Associates
Shelley Mann-Lev, Santa Fe Public Schools, SFUDPA

III. Introductions

Those present introduced themselves.

IV. Approval of Agenda

Two items were added under Matters from the Commission: December 4th conference regarding continuum of care and commission term expiration dates.

Commissioner Blanchard moved to approve the agenda as amended. Commissioner Davidson seconded and the passed by unanimous voice vote.

V. Approval of Minutes: October 4, 2013

Commissioner Bond moved to approve the minutes. His motion was seconded by Commissioner Conkling and passed by unanimous voice vote.

VI. Matters of Public Concern

None were presented.

VII. Presentation/Discussion

A. Right Turns: Empirically Supported Web App for DWI offenders in Santa Fe County: Reid Hester, PhD, Director, Research Division, Behavior Therapy Associates

Reid Hester used a power point presentation to provide an overview of Right Turns, which combines two empirically supported protocols – Drinker's Check-up and Overcoming Addictions – through a web-based application tailored to the DWI population. It also screens for depression and assesses recidivism risk. Right Turns uses a motivational intervention for heavy/problem drinkers and that program was modified for college students in 2001. The Drinker's Checkup addresses the needs of individuals from 18 to 85+ years in age.

Mr. Hester referred to the Smart Recovery program – a cognitive behaviorally oriented non-12 step self-help program for individuals that want to stop drinking and using drugs. This program was adapted and called the Tool Box in Right Turns. Evidence was provided from a randomized clinical trials. He explained the process beginning with the Drinker's Check-up, a questionnaire

He spoke of the care used when guiding an individual into an abstinence-oriented protocol with a focus on the mandate that those on probation for DWI must abstain from drinking. The program emphasizes assisting individuals to be successful at completing probation without violations: a strong motivation for offenders. The program teaches the cognitive behavioral skills that they need to stay sober and have a rewarding life without heavy drinking.

Mr. Hester reviewed the data that demonstrated a reduction in drinking from one 45-minute computer session as well as randomized control trial data.

Mr. Hester said he participated in the development of SBIRT and recently completed the development of a new program/app "Checkup and Choices" that has been designed for primary care use.

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B. Live Smoke Free Santa Fe [postponed until the presenter arrived]

VIII. Matters from the Commission

A. Director's Report

Ms. O'Connor referred to her report provided within the commission's packet. She highlighted the following items:

- A community health nurse has been hired
- Staff has developed and distributed flyers to the community regarding health care reform
- An RFP was issued for health care insurance enrollment in rural Santa Fe County
- Flu Shot Clinics have been very successful and two more are planned
- A provider meeting was held with the County's indigent providers to discuss the changes to Sole Community Provider as proposed in Centennial Care
- Drug Take Back was held in six County locations and resulted in the collection of 150+ pounds of drugs
- The Narcan/Medicaid enrollment position at the jail will be posted within the week
- Initial discussion has begun to provide training for family/support people for the individual leaving jail with Narcan at the fire stations – an additional meeting is scheduled for November 6th

Mr. Conkling mentioned that Santa Fe County appeared eligible for two research related grants that may provide resources regarding health care outreach. He recommended inviting the City's fire chief and medical director to participate in the November 6th meeting.

VII. B. Live Smoke Free Santa Fe

Shelley Mann-Lev said she serves as the project director for a number of tobacco-control programs in Santa Fe County, one of which is Live Smoke Free Santa Fe. She mentioned the subgroups of people at greater risk for smoking – people living in poverty, youth, LGBT – and protection against second-hand smoke afforded by law. Second-hand smoke is particularly problematic in multi-unit housing Live Smoke Free Santa Fe is dedicated to increasing the number of people who are protected from smoking and the dangers of second-hand smoke.

Live Smoke Free is making progress and she noted that Santa Fe County public housing adopted a smoke-free policy and Santa Fe City Housing Authority designated smoke-free all but three buildings to accommodate committed long-time resident smokers. Currently the group is working with senior living facilities as well as behavioral health living centers. New signage in English and Spanish has been created.

Ms. Mann-Lev acknowledged Commissioner Bond for his support in these efforts.

Live Smoke Free will be presenting a resolution to support a smoke-free housing day in Santa Fe and recognize those units that are smoke free.

VIII. B. Update on Health Action Plan

Commissioner Kinney said a subcommittee met to further the action plan. The "very high" and "high" priority goals were identified accompanied with the identification of a community wide convener group, a County staff liaison and an HPPC member(s) liaison. She defined the proposed process that includes community-wide and County government actions from the work that the consultant and staff developed.

It is hoped that the community conveners will continue to identify and coordinate what's related to the goal, identify evidence-based approaches and other initiatives. Commissioner Kinney reviewed the planned process to finalize the plan, implement it, and track progress for the very high and high priority goals.

Commissioner Conkling offered to work with Commissioner Rowe on increasing availability of healthy food; Commissioners Blanchard and Bendorf volunteered to liaise for increasing prenatal care in the first trimester, Commissioner Bond offered to work with Commissioner Heye on reducing drug abuse.

Ms. O'Connor said there would be money remaining in the health budget that she suggested could be used to hire a consultant to help set up the structure for the community-wide convener group and help support that and perhaps to develop basic brochures/rack card for the mobile health van, senior centers and other County services.

C. Other Matters from the Commission

Chair Williams said an all-day conference is being convened on December 4th with a focus on creating a continued collaboration for those individuals leaving the Corrections Department. The conference is being sponsored by Santa Fe County Corrections Advisory Committee, the Health Policy and Planning Commission and DWI Advisory Committee.

Ms. Boies noted the Annual New Mexico Public Health Association Policy Forum is meeting in Albuquerque on December 4th and staff will be unable to attend.

Commissioner Davidson offered to attend the conference and said she was pleased the justice system was taking the lead on this. Commissioner Szczepanski said she too was pleased the judges were involved and added that this will promote activity.

Tuesday, November 12th the League of Women Voters is hosting a forum at Christus St. Vincent entitled, "Where are we on the Affordable Care Act." Former Senator Dede Feldman is the monitor; Dr. Justina Trott, Chair of the NM Health Insurance Exchange, JR Damron, Anne Sperling from the insurance industry, and a representative for the NM Health Law Center will also be present.

Ms. Boies distributed a roster noting term expirations. She encouraged commissioners with expiring terms to reapply, adding she was surprised that eight commissioners' terms expire April 2014. She asked that those who disagreed with the termination date indicated on the roster get in touch with her.

IX. Future Agenda Items

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X. Announcements

A. Next HPPC meeting Friday, December 6, 2013, 9 a.m., 2052 Galisteo St., Suite B

XI. Adjournment

This meeting was declared adjourned at approximately 11:05 a.m.

Approved by:

Judith Williams, Chair

Health Policy & Planning Commission

Respectfully submitted by:

Toin furull Karen Farrell, Wordswork



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COUNTY OF SANTA FE STATE OF NEW MEXICO

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I Hereby Certify That This Instrument Was Filed for Record On The 11TH Day Of December, 2013 at 11:48:07 AM And Was Duly Recorded as Instrument # 1725137 Of The Records Of Santa Fe County

Deputy With Mitrees My Hand And Seal Of Office
Geraldine Salazar
County Clerk, Santa Fe, NM