## Santa Fe County Maternal and Child Health Planning Council Meeting Minutes November 18, 2010

Members in Attendance: Kim Straus Marcia Panagakos Janet Aboytes Lynn Hathaway

<u>Guests:</u> Margaret Collins – Cooperative Extension Service Laurie Allocca – Church of the Holy Faith Karla Moya-Crites – La Familia Carol Tyrrell – DOH Maternal and Child Health Bureau Members Absent: Lara Yoder Kristi Readyhough Jacqueline Baca Magi Gerety Betty Cardenas Jill Reichman

<u>Coordinator:</u> Lisa Garcia

The meeting was called to order at 12:15 pm.

Introductions were done and there were several announcements. Laurie announced that their child care center is offering sliding scale fees and scholarships for those that qualify for CYFD subsidies. Carol announced that they were told that they have to cut programs by 10%. Last year, they cut 3 ½ % and this year they cut 3 ½ %. Direct service contracts for prenatal care for high nsk pregnancies will be the programs affected. Margaret announced that the Extension Homemakers of NM will be having their holiday fair this weekend.

Lisa announced that the county safety committee has made it a requirement that fire exits be identified prior to any meeting held in a county building. Lisa explained where they are to gather if needed.

Karla updated the group on the prenatal classes and outreach programs La Familia offers to families. In 2008, they had about 800 deliverles and this past year(2009) it was close to 600. The current year trends indicate they are seeing about the same (600) but regarding teens, there is a different trend. They are seeing more and more 14-15 year olds. They are coming from Rio Arriba and San Miguel counties. She thinks it's because La Familia offers a sliding fee scale whereas Presbytenian in Espanola requires a large payment for services. They are also seeing a lot of late term pre-natal care mainly from across the border. They are coming 2 weeks prior to their due date so La Familia sees them for 1 visit prior to delivery to capture medical histories.

Many programs have been cut and funds have been lost and their prenatal classes have been affected through group speakers not being able to come and give presentations on a variety of topics. They lost their teen parent home visitor, a paternity testing representative, smoking cessation presentation, GED program staff, etc. There are 3 staff that are trying to pick up the pieces but a speaker that has been directly involved in issues facing the pregnant women through past experiences are better accepted by the class participants. Karla is also looking for guest speakers on a variety of topics to replace those whose programs got cut. They have seen their prenatal rate for teens go up along with the prenatal entry patients. Their teen parents are being encouraged to continue school or get a GED but their families don't seem to support them in this effort. Many of the teens she is seeing have ankle bracelets or belong to gangs so they are trying to work with Rio Arriba County to see how they can offer resources to share with these teens and their families within their own community. El Centro In Rio Arriba County provides prenatal care but sends their patients to La Familia for delivery. Janet indicated that when they had a home visitor stationed at La Familia, they had 90 teen parent contacts by just being there during the prenatal classes. Because of those efforts, the teen parent center received referrals for teens returning to school. They would start with 9-12 pregnant teens at the beginning of each school year and since they don't have that program anymore, they only had 7 girls begin this school year.

Karla is requesting diapers from any groups that are willing to donate to La Familia. She also needs baby clothes, wipes, shampoo, lotion, onsies, sleepers. Karla mentioned that she suggests to different entitles the idea of holding a baby shower so they can collect items to distribute to families. Lisa added that she just compiled and distributed a list of agencies that offer these types of items for those in need. Margaret also indicated that she would mention it to her Extension homemakers to see if they would take on something like this as a community service project. Karla shared that she sees up to 80 women per month in her prenatal classes.

Kim asked Karla about father involvement. She said that most teen fathers are either in jall or in gangs and rarely attend the classes. She shared that they are seeing new patients from different countries (Turkey, China, Kenya). The pregnant women that are using drugs are in their teens or late teens and there has been an increase. Most of them are coming in with shackles. Karla has a standing order to order toxicology screens if she suspects they are using drugs. Marsha indicated that she has seen a decline in drug exposed babies. Carol was going to see if the Maternal and Child Health Program Manager from DOH could do a presentation to the class. Marsha indicated that since La Familia is doing more drug testing prenatally, it would help her out by identifying who she needs to refer the baby to right after delivery to programs like New Vistas or Community Infant Program. Karla also stated that since La Familia is a federally funded clinic, they offer a sliding fee scale. The families are charged about \$600 for the entire pregnancy. A C-section costs about \$100 more. Once the patient delivers they are being referred to other pediatric facilities. Because of this, La Familia's Medicaid funding is dropping. They would like to continue serving the babies and would like providers to offer them the choices. Sick babies can walk in instead of trying to make an appointment and not many people know this. Karla said that their dental program will be moving to the Santa Fe Community College.

There was discussion around the GED program in Santa Fe. Lynn suggested that we invite someone from the Santa Fe Community College to talk about the programs currently being offered in the community. It may not be convenient to the people that need it most. The idea of "Community School" could offer classes there if it was available in Santa Fe County. Lynn thought that maybe the MCH Council could work with SFCC on some of the barriers affecting families that would like to earn their GED. Janet indicated that when they were offering GED classes at the Gallegos Lane Community Center there was great participation. Kim suggested that there should be a bilingual resource person for families and not for government who is a partner with agencies that work with teen families. Lynn suggested that we do some research on other communities and how they are reaching out to teen families and the other members of the family raising the baby. This could teach them many values to influence the Importance of graduating. Young mothers are resistant to home visits from what Rosario experienced when working with La Familia. Margaret shared that they will be going into ISD offices in November to try recruiting people in the waiting room to participate in nutrition education programs. She thought this recruitment method may work in the La Familia waiting room for providing information related to completing a GED. Marsha shared that various agencies could set up an information table and have people from the different agencies be available to offer information to patients who are waiting to see a doctor. Kim suggested including volunteers to help out with this. Kim said that Karla indicated they don't use volunteers much.

There wasn't a quorum so the minutes weren't approved.

Lisa shared and provided an overview of the graph that recaps the website hits. It includes the strategic plan, plan and profile, and resource directories. It was very apparent that the directory page had received more hits since Kristine posted it under "Quick Links" on the Santa Fe County home page. Lynn will add the link to the city's website.

Kim asked if the council wanted to hold a December meeting and the consensus of the group was to cancel it. He also stated that Lisa would be getting information to the group on subcommittees related to the infant care priority we are working on. We will discuss it further next year. She will send out the recommendations from the infant study for members to revisit prior to the next scheduled meeting.

The meeting concluded at 2:00 pm.

Approved on January 20, 2011 by:

Kim Straus, Interim Co-chair

//ara Yoder, Interim Co-chair

ATTEST: VALERIE ESPINOZA COUNTY CLERK



Respectfully submitted by:

Lisa Garcia, MCH Planning Council Coordinator

COUNTY OF SANTA FE STATE OF NEW MEXICO MATERNAL CHILD HEALTH PAGES: 3

I Hereby Certify That This Instrument Was Filed for Record On The 24TH Day Of January, 2011 at 02:49:32 PM And Was Duly Recorded as Instrument # **1624646** Of The Records Of Santa Fe<sup>2</sup> County

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My Hand And Seal Of Office Witness Valerie Espinoza Deputy County Clerk, Santa Fe, NM