

Santa Fe County Maternal and Child Health Planning Council  
Meeting Minutes  
May 19, 2011

Members in Attendance:

Kim Straus  
Janet Aboytes  
Lynn Hathaway  
Jill Reichman

Members Absent:

Magi Gerety  
Marcia Panagakos  
Jacqueline Baca  
Betty Cardenas  
Kristi Readyhough  
Lara Yoder

Coordinator:

Lisa Garcia

Guests:

Jessica Ladd, Coop Consulting  
Arianna Trott, Coop Consulting  
Michelle Quintana, PMS Head Start  
Nan Schwanfelder, Brindle Foundation  
Elise Hanson-PMS Head Start Intern  
Susan Asher, Las Cumbres Community Infant Program

The meeting began at 12:15 pm.

Introductions and announcements were done. Janet announced that the teen parent center will be losing 2 staff after this school year so if anyone knows someone in the community that is a nurse/midwife/case manager who is bilingual, let Janet know.

Lisa shared with the group a request from a group that's trying to lobby the FDA to revamp the messages regarding fish consumption and pregnant women. They are asking for an endorsement of a letter to send to President Obama and the Office of Information and Regulatory Affairs to direct the FDA to clarify their guidelines regarding the safety and benefits of eating fish specifically for pregnant women.

Lisa shared that she had been doing some research on prenatal vitamins and whether they contain DHA in them and found some that contain it and some that do not. It appears that the ones the DOH Family Planning Bureau issue don't contain DHA and some members expressed that we should send a letter to them asking that they consider providing different ones which would benefit women more in relation to maternal depression. Lisa will look into it further. Susan shared that she thought that mothers aren't getting enough B-vitamins which also can contribute to maternal depression. Kim recommended that Lisa send out the sample letter drafted by Kate Schwartz, Senior Project Coordinator of Pearson Public Affairs via e-mail to other members of the council that aren't in attendance before she sends the letter of support to Ms. Schwartz..

Lisa shared with the group that at the homeless youth task force meeting she attended, it was brought up that there is a community center that is located at Hopewell-Mann neighborhood that is underutilized and they are encouraging community groups to come in and provide programs to their residents. There was also a need expressed to host Spanish classes for various agency staff that would like to learn Spanish. Rosetta Stone and Visual Link were two programs that were discussed to be checked out for people to use and also maybe having a drop-in Spanish class that could be taught by some of the Adelante families.

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Lisa also updated the group about the Breastfeeding meeting she went to that was hosted by Aviva Faust, the lactation consultant at Christus St. Vincent. Aviva and some of the hospital staff were looking into how Christus could be approved as a Baby Friendly Hospital. They can't do it because they can't meet the criteria because they would have to apply as "Christus St. Vincent" which she identified that includes all their field offices and clinics. It was suggested that Lisa contact Kathy Armijo-Etre again to see if she can update us on why this can't be done and if it can be done in the future.

Lisa is going to submit Betty Cardenas and Jacqueline Baca's names for official resignation from the council at the next BCC meeting. Betty is no longer with the Care Connection and hasn't attended an MCH meeting in several months. Lisa doesn't know how to get a hold of her and Jacqueline has submitted her letter of resignation. Lisa also gave copies of a proposed MCH resolution to the council members. She highlighted that she wrote it to be very similar to the original MCH Plan Act. She also added a section that would create a non-voting membership opportunity so we can have people from "agencies" and not so much "individual" participation. An agency may want to commit to being part of the council but not as interested in having the official title. The executive committee felt that this was a way to get more people to the table. She asked members to review and provide feedback.

Lisa quickly gave an update on the RAND resource directory project. The legal department and RAND have worked together on an agreement so we are much closer to getting it designed and imported onto the county website.

Jessica Ladd began with the presentation to the group called "Let's Talk Santa Fe" which is a project being presented and promoted through the Women's Health Services and the SFPS Office of Student Wellness. The funding is through a SAMHSA grant. She introduced the program and the website which has lots more information that supports the workbooks. The booklet has tools that help parents, caregivers and teachers address topics such as drinking, bullying/harrassing, and violence and helps encourage dialogue. The program is designed for grades 4-8 although they can easily be adapted for younger children. A lot of the statistics included in the booklet are from the YRRS survey that's done in the middle and high schools. She provided us with an overview of the program and how it's designed to be used for the adults who will be interacting with children and also walked us through the website. It was pointed out that the booklet doesn't list any counseling resources for the community. Janet asked how they are training or piloting the project. They recruited trainers and the trainers are setting up their own programs. They may recruit via the newspaper next fiscal year. Counselors, teachers, UW staff have been trained in the program implementation. They are currently attending existing meetings and providing "Lunch and Leams" for working people/teachers so they can receive the training during their lunch hour and not have to come back to another meeting. Parents aren't spending much time in the schools so they are trying to do it in the workplace instead. The curriculum was developed by Dom Cappello who currently works with NM DOH. It evolved from "Can we Talk" to "Plain Talk" to "Let's Talk Santa Fe". Many sites around the country are using some form of this curriculum.

We didn't have a quorum so the minutes from April weren't reviewed or approved.

Lisa announced that the Council won't be having a meeting in June or July due to low attendance during the summer months.

The meeting concluded at 1:30 pm.

Approved on September 15, 2011 by:

*Lara Yoder*

Lara Yoder, Interim Co-chair

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COUNTY OF SANTA FE )  
STATE OF NEW MEXICO ) ss

I Hereby Certify That This Instrument Was Filed for  
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Deputy *Valerie Espinoza* Witness My Hand And Seal Of Office  
Valerie Espinoza  
County Clerk, Santa Fe, NM



Respectfully submitted by:

**Lisa Garcia**, MCH Planning Council Coordinator

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