MINUTES OF THE

SANTA FE COUNTY

HEALTH POLICY & PLANNING COMMISSION

August 3, 2012

Santa Fe, New Mexico

This regular meeting of the Santa Fe County Health Policy & Planning Commission (HPPC) was called to order by Chair Judith Williams at approximately 9:00 a.m. on the abovecited date at 2052 S. Galisteo, Suite B, Santa Fe, New Mexico.

Roll call indicated the presence of a quorum as follows:

Members Present:

Judith Williams, Chair
Kathleen Rowe, Vice Chair
Bertha Blanchard
James Bond
Shirlee Davidson [telephonically]
George Gamble
Richard Rodriguez [9:20 arrival]
Reena Szczepanski

Member(s) Excused:

Anna Vigil Catherine Kinney [Two Vacancy]

Staff Present:

Rachel O'Connor, Health and Human Services Division Director Marie A. Garcia, Health and Human Services Division Martin Vigil, Director of Emergency Management Julia Valdez, Constituent Services

Others Present:

Shelly Cohen, Project Coordinator, Live Smoke Free Santa Fe Sheila Gibbens, PMS Health Van Ruth Center, PMS Health Van



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I Hereby Certify That This Instrument Was Filed for Record On The 11TH Day Of September, 2012 at 03:48:12 PM And Was Duly Recorded as Instrument # 1681141 Of The Records Of Santa Factority

> Witness M Hand And Seal Of Office Valerie Espinoza County Clerk, Santa Fe, NM

III. Approval of Agenda

Ms. Rowe moved to approve the agenda. Her motion was seconded by Dr. Blanchard and passed by unanimous [7-0] voice vote. [Mr. Rodriguez was not present for this action]

IV. APPROVAL OF MINUTES: July 6, 2012

With corrections previously incorporated by Chair Williams, and upon motion by Dr. Blanchard, second by Mr. Bond, the minutes were unanimously [7-0] approved as amended. [Mr. Rodriguez was not present for this action]

V. MATTERS OF PUBLIC CONCERN

None were presented.

VI. PRESENTATION

A. Secondhand Smoke Exposure

[Exhibit 1: Presentation]

Shelley Cohen, Project Coordinator, Live Smoke Free Santa Fe said three years ago the HPPC endorsed the notion of smoke-free public housing. At the June 2012 Housing Authority meeting, the County Commission voted by resolution and policy effective July 2013 to make the 196 county-owned units smoke free. She said there will be designated outdoor smoking areas. Live Smoke Free is working with County staff to develop educational programs for the residents.

Ms. Cohen acknowledged those who have worked to create a smoke-free environment. She mentioned the 2007 Dee Johnson Clean Indoor Air Act and the 2006 City of Santa Fe ordinance that prohibited smoking in restaurants and bars and within 25 feet of entrances (windows and doorways) of smoke-free establishments.

Ms. Cohen discussed the health impacts of secondhand smoke (SHS) exposure noting that those particularly vulnerable are children and the elderly. She discussed the paths of air exchange within multi-unit housing properties and offered that the only way to eliminate the dangers of exposure to SHS is to eliminate smoking indoors.

Ms. Cohen outlined the health impacts of SHS exposure that begin with the embryo and extend to seniors.

Mr. Gamble mentioned the tremendous SHS exposure people endure in automobiles.

Ms. Cohen said there are currently 300 or 10 percent of public housing authorities throughout the country that are smoke free. She said she was proud that Santa Fe County and Santa Fe City Civic Housing are part of the 10 percent. Live Smoke Free Santa Fe is moving its focus from public housing to market rate/private multi-unit properties. Minnesota, Oregon, Michigan, Minnesota and Colorado have all had great success in the private market and she expressed confidence that New Mexico would join the list. Smoke-free polices are legal and from a housing perceptive they are the same as pet or noise restrictions.

At this point, Live Smoke Free Santa Fe is looking for partnerships and Ms. Cohen asked the HPPC to join their support team that includes Santa Fe Public Schools, property owners, landlord-tenant hotline, and City and County officials. In addition to building partnerships, Live Smoke Free is educating property managers, tenants and the public on the dangers of SHS and providing cessation support resources and materials.

Ms. Cohen said Live Smoke Free Santa Fe is working to clean the air. She asked the HPPC to 1) forward a recommendation to the County Commissioners to endorse smoke-free multi-unit market rate housing, 2) for an HPPC member to serve on the Live Smoke Free Santa Fe-Advisory Council; and 3) to assist Live Smoke Free Santa Fe to identify new partners.

Mr. Bond said as an inhalation toxicologist he has researched carcinogenic and toxic effects of smoke and he volunteered to serve on the advisory council.

Referring to the Section 8 voucher program where tenants receive rent assistance for private/market rate housing, Ms. Cohen said none of these private complexes are partners. She distributed a copy of the recent Housing Authority resolution and policy relating to smoke-free housing.

A discussion ensued about the consequences of a tenant smoking in County housing and Ms. Cohen said following a number of warnings a tenant will be evicted. She said Live Smoke Free Santa Fe will help addicted individuals.

Dr. Blanchard brought up the difficulty of approaching individuals smoking in non-smoking areas. The idea of an action phone number was mentioned. Ms. Valdez mentioned that the City has a hotline to address this problem.

Mr. Bond moved that the HPPC endorse smoke-free market rate multi-unit housing as well as public housing. Dr. Blanchard seconded and the motion passed by unanimous [8-0] voice vote.

B. Health Van Services in Santa Fe County

1. Mobile Health Van

Ms. O'Connor said over the past month there have been a number of changes to the van services. Angela Thorndyke, the County's nurse, resigned to take a position with Indian Health Services. There has been additional funding to the van this year. The Board of County Commissioners provided funding to expand the van's schedule to seven-day week.

Ms. O'Connor said with Ms. Thorndyke's resignation the County has an opportunity to revise the schedule and services. She reviewed the current services and statistics comparing the last two fiscal years. The reduction in individuals served in the past fiscal year was attributed to lack of outreach/promotoras and an increase in visits to the rural areas where the population is lower. Basic improvements to communication have been initiated to alert the community of the van's presence in advance with fliers and sandwich board advertisements, and parking the van in more visible locations. She anticipated the promotora position would be filled in the future.

Santa Fe County HPPC: August 3, 2012 Ms. O'Connor said staff has looked at different location scenarios with two locations per day and a seven-day work week. The BCC has provided clear direction that they want the van out seven days a week. Ms. Thorndyke's schedule was at times hampered by management manipulating her schedule. Locations of services, schedules, van budget and personnel were reviewed.

In terms of services, Ms. O'Connor said more immunizations could be offered with better coordination with the DOH. She posed the question of what services should the County van provide. The van service was started for screening and preventative services. Is there a target population? Can the van partner with PMS?.

Ms. Szczepanski recommended that demographic data on those served by the van be collected.

In terms of neediest areas, Ms. Thorndyke reported to Ms. O'Connor that Eldorado had a large population with retirees lacking health insurance prior to Medicare. Some of the other senior centers had very poor response and better outreach may address that. She noted that the van has limited services.

Mr. Gamble said the needs could be determined by reviewing the previous data and without good advance notice about the van the numbers will not improve. He advocated determining whether the van users have medical "homes," and the reason for the last visit to that home. Commenting that many of the van patients were repeat users, Ms. O'Connor said those individuals considered the van their medical home.

Chair Williams suggested developing a survey and conducting a series of van fairs to ascertain certain facts. Ms. O'Connor said there was a client satisfaction survey that Ms. Thorndyke used that could be compiled.

Ms. Davidson recommended sampling what other health vans do to develop a good sample.

Assistant Chief Vigil advised the Council that Ms. Thorndyke was one of his strongest partners in emergency preparedness. During the H1N1 crisis she provided vaccines to County EMTs, firefighter and emergency dispatchers. That was accomplished via the relationship he and Ms. Thorndyke developed with Region II DOH office. She was instrumental in helping the County through that public health emergency as well as keeping him apprised of any clusters of outbreaks and being present at the Chimayo pilgrimage. A backup driver is definitely warranted.

Dr. Blanchard said the goal of the van needs to be clearly established before a new person is hired: Will it be strictly preventative as it has been or will services be expanded? She suggested expanding immunizations.

Chair Williams said the BCC is anxious for the van to be back in service ASAP.

Ms. O'Connor said the van will be down with Ms. Thorndyke's resignation and maintenance work. The position can be posted within the next few weeks.

Ms. Szczepanski commented on the different services health vans specialize in and said the County needs to decide on the population, ascertain what services are currently provided in the community and go from there. She said the van may be able to address multiple targets and she advocated building flexibility to develop the slate of services to address public health situations.

Ms. O'Connor said there is still a question of whether an RN is the appropriate provider.

Mr. Bond remarked on the budget limitations. Ms. O'Connor said there has been money reverted in the van budget over the years. Purchasing additional vaccinations (shingles, pertussis) may be difficult but is worth discussion. She felt confident services could be provided. Chair Williams asked whether third-party payments were possible for the County.

In terms of hiring a PA, Ms. O'Connor was there are budget limitations and record-keeping issues. She anticipated the County would move forward with the RN position and advise that individual of the flux of the unit.

Dr. Blachard said the County van is state-of-the art and well equipped and could do diagnostic work. The PMS van which is not in good shape is serviced by a PA who works under a physician.

2. PMS Health Van

Ruth Centers, administrator for a number of programs for PMS including the Healthy Tomorrows Van, said this is a collaborative effort between PMS and SFPS staffed by a PA and a medical assistant/driver/translator. The van works with Head Start and approximately 38 percent of the patients seen are uninsured. The population is predominantly 24 years old and over – primarily the families of the students. They are able to accept Medicaid/Medicare, private insurance and provide a sliding scale to the uninsured; no one is denied services.

Sheila Gibbens, Healthy Tomorrows Van PA, said the base charge is \$17 and all medical services (lab tests, etc) are on a sliding scale. She said her experience with the walk-in patients is close to 100 percent are uninsured and the uninsured number she sees in the field is closer to 85 percent.

Ms. Center said the last school year the van was at Sweeney and Salazar Elementary Schools and Flores del Sol Head Start. Cesar Chavez and Agua Fria elementary schools are potential sites while Salazar is under construction. She mentioned the visibility problem the van has and said Agua Fria is a good location for visibility but there are issues tying into utilities.

Ms. Gibbens said when the services began in 2000 the main focus was on immunization. That is no longer as large of an issue. The van is open four days a week from 9 to 3 or 10 to 5.

Santa Fe County HPPC: August 3, 2012 Ms. Center said the van was in an accident in 2010 and it took over 11 months to repair. She said the van's generator is not adequate and tying into the utilities at public schools has been an issue. She said they were looking for a reliable, solid location for this school year.

In terms of needs, Ms. Gibbens said they provide physicals, blood tests, evaluations and treatment. People with multiple or complex medical problems are not appropriate van patients and should have a medical home with resources. Pregnant women are referred to La Familia.

Ms. Center discussed resources and said funds are limited. Because the van was down for a year it is difficult to give an accurate a patient count. This fiscal year, while trying to reestablish the van, 1,134 patients were seen. The budget is roughly \$200,000 with SFPS owning the van. She explained that PMS has a mission to provide health care and van is part of the overall funding and mission.

Ms. Center said it would be helpful if the County's van provided educational program, particularly on diabetes, asthma and HPV. Ortiz Mountain Health Center, which is also administrates, lacks the time to provide this service. School nurses do an excellent job with immunization. The community has a need for thermometers and mentioned that at best one in 20 of the population she sees has one.

Mr. Gamble recommended a continued dialogue with PMS to explore needs and meeting those needs within the community.

VII. MATTERS FROM THE COMMISSION

A. Director's Report

Ms. O'Connor reported on the following:

- The HPPC staff position to serve HPPC and MCH has been posted the salary is approximately \$40,000
- A recruitment notice has been posted for the two vacant HPPC members
- Santa Fe County indigent funding has two tiers: Sole Community Provider and community-based providers [See Exhibit 2]
- Staff is working to make the indigent fund more responsive to community needs in terms of indigent health care
- La Familia is terminating its Suboxone Program
- Christus St. Vincent announced they would be hiring someone to administer Suboxone in their pain clinic

Ms. Szczepanski said she understood that Dr. Brown was leaving La Familia and no other physician at that facility was licensed in the program. She made a call to DOH, the funder of La Familia's Suboxone program, but was unable to obtain additional information at this point. She offered to follow up on the issue.

Ms. O'Connor said the indigent funding is exempt from the procurement procedure. The enabling statute provides for the governing body to choose broad categories of service for the indigent fund. She said this topic requires more time to clearly define the program and suggested a briefing at the next meeting.

B. Community Needs Assessment and Staffing

Mr. Gamble said they continue to meet weekly with CSV staff to develop a plan and progress is being made.

C. Other Matters from the Commission

A special HPPC meeting is scheduled for Friday, August 17, 2012 in the Christus St. Vincent's Board room for a presentation of the latest IRS Form 990 for the hospital.

The Commission thanked Mr. Bond for serving on the Live Smoke Free Santa Fe advisory committee.

VIII. Future Agenda Items

The following items were mentioned:

- Indigent funding procedures and policies
- Continued discussion on the County Health Van with recommendations from a subcommittee and staff (Ms. Davidson, Ms. Rowe)
- HPPC's role in supplemental funding

IX. Announcements

A. Next PC meeting: Friday, September 7, 2012, 9 a.m., 2052 Galisteo St.

X. Adjournment

This meeting was declared adjourned at approximately 11:05 a.m.

Approved by:

Jadith Williams, Chair

Health Policy & Planning Commission

Respectfully submitted by:

Karen Farrell, Wordswork

Santa Fe County HPPC: August 3, 2012 Kledlin



Smoke-Free Multi-Unit Housing comes to Santa Fe County

live free

Existing Smoke Free Ordinances	Existin	g Smo	ke Free	Ordina	inces
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- Dee Johnson Clean Indoor Air Act (2007)
 - Prohibits smoking in all enclosed public places.
 - Prohibits smoking in all enclosed spaces within places of employment.
 - · Prohibits smoking at all restaurants and bars.
- City of Santa Fe Smoke Free Ordinance (2006)
 - Smoking is prohibited within 25 feet from an entrance and/or window in any area to ensure that people entering or leaving a building are not subjected to SHS.
 - Prohibits smoking at all restaurants and bars, including patios and balconies.

Many People Are Still At Risk in their Home

- There is no safe level of exposure to secondhand smoke (SHS) -- breathing even a small amount of SHS can be harmful, especially to seniors and children.
- As much as 65% of air can be exchanged between units through ventilation systems, cracks in floors and walls, and electrical systems.
- The only means of effectively eliminating the health risks associated with indoor exposure to tobacco smoke is to ban smoking indoors.

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Health Impacts of SHS

- Over 50,000 deaths in the US
 - 1 non-smoker dies for every 7 smokers who die.
 - Causes about 300 deaths each year in New Mexico.
- Heart disease (46,000 deaths)
 - Immediate effects on cardiovascular system
- Strokes and heart attacks
- Lung cancer (3,400 deaths)
- Sudden Infant Death Syndrome (SIDS)
- * Asthma attacks (1 million children)
- Respiratory problems (300,000 children < 18 months)

More Health Impacts of SHS

- Developing babies: miscarriage, premature birth, lower birth weight, learning problems
- Children are especially vulnerable (60% are exposed)
 - · More frequent and severe asthma attacks
 - Allergies and ear infections are increased
 - · Bronchitis and pneumonia
 - · Coughs and colds that last longer
 - Increased risk of neurobehavioral disorders (ADHD)
 - Tooth decay
 - Poor lung development

Health Impacts (continued)

Adults

- Heart Disease
- · Lung cancer and possibly other cancers
- Increased risk of developing Type 2 diabetes and MS
- · Triggering rheumatoid arthritis and lupus flares
- Associated with more major depression
- · Bone density loss and impaired bone healing
- · Chronic sinus infections

Seniors

- Increased risk of dementia
- Triggering or worsening of pre-existing conditions

SHS Exposure in Santa Fe Youth

- Two-fifths of middle school students report being in the same room with someone smoking cigarettes in the past seven days;
 - Santa Fe: 40%
 - New Mexico: 36%
- More than half of high school students report being in the same room with someone smoking cigarettes in the past seven days:
 - Santa Fe: 54%
 - New Mexico: 51%

oon Youth Risk and Resiliency Surve

Smoke-Free Multi-Unit Housing The New Standard

- * 300+ Smoke-Free Public Housing Authorities (PHAs)
 - Santa Fe County Public Housing Authority
 - Santa Fe Civic Housing Authority
 - 10% of all PHAs in the U.S. are now smoke free
- Smoke-free market rate multi-unit housing properties:
 - Increasing exponentially nationwide.

2012 2007 Minnesota 800+ 50

• Many successes in California, Michigan, Oregon, Minnesota, and Colorado

Smoke-Free Policies are Legal

- Smoke-free policies for multi-unit properties are legal.
 They are like any other lease provision, such as noise or pet restrictions.
- Smoking is not a legal right. Smoke-free policies do not infringe on the legal rights of individuals.
- Smokers are not a protected class under any state or federal law.
- An individual's addiction to nicotine is not considered a
 dicability
- Breathing clean air is protected by the ADA and Fair Housing Law.

Steps to Smoke-Free Housing

Build partnerships

- Educate property managers, tenants and the public
- Work with interested property owners/managers to draft, adopt, implement and enforce smoke-free housing policies
- Provide cessation support, resources and materials

How Can You Help?

- Recommend that the county commissioners endorse smoke-free multi-unit housing
- Volunteer to represent the HPPC on our Advisory Council
- Assist us to identify new partners

We welcome your suggestions

Shelley Cohen
Project Coordinator
505.570.7056
livesmokefreesantafe@gmail.org
livesmokefreesf.org

live

free



Estimated Budget for Indigent for FY 2013

	<u> </u>	FY 2012	↓_	FY 2012		FY 2013	
		Original	\perp	Approved	<u></u>	Estimated	
Primary Care Providers 223-0420-461-70-25			- ; ·	!	\perp		
First Choice	\$	4,250.00	\$	2,030.72	\$		
El Centro of Northern New Mexico	\$	17,000.00	\$	17,359.74	\$	17,359.74	
La Familia	\$	531,250.00	\$	556,181.50	\$	554,181.50	
Pecos Valley Medical Center	\$	2,550.00	\$		\$	2,000.00	
PMS:Hope Medical Center & Ortiz Mountain Health	\$	8,500.00	\$	8,181.77	\$	8,181.77	
Women's Health Services	\$	63,750.00	\$	113,750.00	\$	113,750.00	
Total Primary Care Providers	\$	627,300.00	\$	697,503.73	\$	697,503.73	
Behavioral Health Treatment Providers 223-0420-461-		25 200 00			т		
Hoy Alcoholics Programs	\$	65,000.00	\$		\$	<u>-</u>	
Life Link	\$	100,000.00	\$	100,000.00	\$	<u>'</u>	
Millennium Treament Services	\$	20,000.00	\$	2,432.50	\$	<u>-</u>	
Santa Fe Recovery Center	\$	250,000.00		250,000.00	\$	<u></u>	
Total Substance/Alcohol Treatment Providers	\$	435,000.00	\$	417,432.50	\$	417,432.50	
Ambulance Providers 223-0420-461-70-26							
City of Santa Fe Ambulance Services	\$	9,500.00	_	36,365.72	\$		
Espanola Hospital Ambulance	\$	7,500.00	\$		\$		
Santa Fe County Fire Department	\$	10,000.00	\$	10,492.67	\$	<u>'</u>	
Total Ambulance Providers	\$	27,000.00	\$	46,858.39	\$	27,000.00	
Out of County Hospital Providers 223-0420-461-70-20							
Heart Hospital of New Mexico	\$	20,000.00			\$,-	
Presbyterian Hospital	\$	75,000.00	_		\$		
UNM Health Sciences Center	\$	300,000.00	\$	215,620.53	\$	200,000.00	
Total Out of County Hospital Providers	\$	395,000.00	\$	533,593.66	\$	463,063.80	
			_				
Other					\$	100,000.00	
TOTAL	\$	1,484,300.00	\$	1,695,388.28	\$	1,705,000.03	
			_		_		