

## Edgewood Senior Center

## **AUGUST 2024**

31111											
	Monday Tuesday		esday	Wednesday		Thursday		Friday			
							1	9-3pm Ceramics 10-11am Chair Exercise 11-1130 Nutrition Class 1-3 Painting	2	9-10am High Intensity Exercise	
5	9-3pm Ceramics 9-10am High Intensity Exercise	1	9-3pm 10-11am 9-11 1-2pm	Ceramics Chair Exercise Wood Carving Bingo	7	9-10am High Intensity Exercise Moriarty Foods Senior Discount Day	8	9-3pm Ceramics 10-11am Chair Exercise 11-1130 Nutrition Class 1-3 Painting	9	9-10am High Intensity Exercise	
12	9-3pm Ceramics 9-10am High Intensity Exercise	1	9-3pm 10-11am 9-11 1-2pm	Ceramics Chair Exercise Wood Carving Bingo	14	9-10am High Intensity Exercise Moriarty Foods Senior Discount Day	15	9-3pm Ceramics 10-11 Chair Exercise 1-3 Painting 11-4 Senior Dance	16	9-10am High Intensity Exercise	
19	9-3pm Ceramics 9-10am High Intensity Exercise	20	9-3pm 10-11am 9-11 1-2pm	Ceramics Chair Exercise Wood Carving Bingo	21	9-10am High Intensity Exercise Moriarty Foods Senior Discount Day	22	9-3pm Ceramics 10-11 Chair Exercise 11-1130 Nutrition Class 1-3 Painting	23	9-10am High Intensity Exercise	
26	9-3pm Ceramics 9-10am High Intensity Exercise	27	9-3pm 10-11am 9-11 1-2pm	Ceramics Chair Exercise Wood Carving Bingo	28	9-10am High Intensity Exercise Moriarty Foods Senior Discount Day	29	9-3pm Ceramics 10-11 Chair Exercise 11-1130 Nutrition Class 1-3 Painting	30	9-10am High Intensity Exercise	
CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE. FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS, PLEASE CALL US AT 505-281-2515 FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE					Abedon Lopez Center: 505-753-8598 Benny J. Chavez Center: 505-351-4686 Eldorado Center: 505-466-1039 El Rancho Center: Edgewood Center: 505-281-2515 Rufina Center: 505-471-9800			CONTACTS:  Transportation: 505-281-2515  Home Delivered Meals: 505-281-2515  Main Office: 505-992-3069  Program Director (Matilda Byers): 505-992-9838  Program Navigator (additional services): 505-986-6239			