




**ADAM SENIOR CENTER**  
**505-466-1039**

# June 2024

Monday		Tuesday		Wednesday		Thursday		Friday	
3	9:10 - Weight Training 10:10 - Gentle Stretching & Movement 12:45 - Weaving Group 1:00 Ceramics 1:00 Line Dance	4	9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Ping Pong	5	9:30 - Bridge Group 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	6	9:10 - Dance Fitness 10:10 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group 1:00 - Landscape Painting	7	9:10 - Weight Training 10:10 - Gentle Yoga <b>11:00 - Day Trip - Meow Wolf &amp; Rustica Italian Kitchen</b>
10	9:10 - Weight Training 10:10 - Gentle Stretching & Movement 12:45 - Weaving Group 1:00 Ceramics	11	9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 12:45 - Art Explorations 1:00 - Ping Pong	12	9:30 - Bridge Group 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	13	9:10 - Dance Fitness 10:10 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group 1:00 - Landscape Painting	14	9:10 - Weight Training 10:10 - Gentle Yoga <b>1:00 - Las Golandrinas</b>
17	9:10 - Weight Training 10:10 - Gentle Stretching & Movement 12:45 - Weaving Group 1:00 Ceramics 1:00 Line Dance	18	9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Ping Pong <b>1:00 - Self Defense Workshop with Rich Kaminski</b>	19	<b>County Closed</b>  <b>JUNE TEENTH FREEDOM DAY</b>	20	9:10 - Dance Fitness 10:10 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group	21	9:10 - Weight Training 10:10 - Gentle Yoga <b>11:00 - Summer Kick-Off BBQ</b>
24	9:10 - Weight Training 10:10 - Gentle Stretching & Movement 12:45 - Weaving Group 1:00 Ceramics <b>1:00 Presentation - Anita Castillo With Many Mothers</b>	25	9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 12:45 - Art Explorations 1:00 - Ping Pong	26	9:30 - Bridge Group 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	27	9:10 - Dance Fitness 10:10 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group 1:00 - Landscape Painting	28	9:10 - Weight Training 10:10 - Gentle Yoga
CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE. FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS, PLEASE CALL US AT 505-466-1039 FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE				<b>CONTACTS:</b> <b>Abedon Lopez Center: 505-753-8598</b> <b>Benny J. Chavez Center: 505-351-4686</b> <b>El Rancho Center: 505-455-2195</b> <b>Edgewood Center: 505-281-2515</b> <b>Rufina Center: 505-471-9800</b> <b>Transportation: 505-992-3069</b> <b>Home Delivered Meals: 505-992-3069</b> <b>Main Office: 505-992-3069</b> <b>Program Director (Matilda Byers): 505-992-9838</b> <b>Program Navigator (additional services): 505-986-6239</b>					